

# 30 Days of Going Green

**FOR KIDS!**

We all need to do our part to help the environment. And every little act you do helps!

For the next 30 days your challenge is to make as many of these changes as you can!

*"Success is the sum of small efforts, repeated day in and day out." ~ Robert Collier*

<p><b>Trash Free Lunch</b></p>  <p><i>Use a reusable lunch bag, utensils, and napkins!</i></p>	 <p><b>Use a reusable water bottle</b></p>	<p><b>Pick up trash (safely)</b></p> 	 <p><b>Start a compost pile or bucket</b></p>	<p><b>Get books from the library about going green</b> (See attached list for recommendations.)</p>
<p><b>Turn off lights &amp; electronics when you leave the room or they aren't being used</b></p>	 <p><b>Join the family for a walk or bike ride instead of taking a car</b></p>	<p><b>Start a vegetable or fruit garden</b></p> 	<p><b>Spend the night playing board games, reading, or arts &amp; crafts. Turn off those electronics!</b></p>	<p><b>Make your own bread and eliminate the plastic bag your store-bought kind comes in!</b></p>
<p><b>Collect rain water or pre-shower water to water your garden.</b></p>	 <p><b>Learn more about plastics and what's recyclable in your area</b></p>	<p><b>Find clothes and toys to donate</b></p> 	<p><b>Use leaves, twigs, and scrap art supplies to make art</b> <i>(See Pinterest for endless ideas!)</i></p>	 <p><b>Take a nature walk</b></p>
<p><b>Make your own granola bars—avoid the sugary and plastic packaged kinds!</b></p> 	<p><b>Go digital! Buy ebooks instead of brand new books, or buy from a used bookstore.</b></p>	 <p><b>Visit your local farmers market</b></p>	 <p><b>Contact your local government and tell them you want your community to be more green.</b></p>	<p><b>Bring reusable bags with you whenever you go shopping!</b></p> 
<p><b>Open the blinds to let a little light in and turn off your lamps!</b></p>	 <p><b>Do a trash &amp; recycling audit to see where your family produces the most waste</b></p>	<p><b>Shorten your Shower. Save water!</b></p> 	<p><b>Use some allowance money to support a green charity</b> <i>(See attached document for ideas!)</i></p>	 <p><b>Hang your clothes to dry instead of using the dryer.</b></p>
<p><b>Plant a tree</b></p> 	<p><b>Be creative! Come up with your own way of helping the environment!</b></p>	<p><b>Eat meat one less day a week.</b></p> 	 <p><b>Pass on this challenge to a friend!</b></p>	<p><b>Ask your school to become more green!</b></p> 